

FREQUENTLY ASKED QUESTIONS

What Upward Sports do you offer?

We offer Flag Football with cheerleading and basketball with cheerleading for the 2020 season.

Do you have to be a member of a church to join Upward?

No! Upward Sports is offered to anyone in the community from Kindergarten (5 years old) to 8th grade.

Will my 2nd grader be playing with 6th graders?

No, we divide the kids up into divisions with other kids around their grade level. They will be separated into K-2nd, 3-5th and 6th-8th.

When will the Upward season start?

Flag Football and cheerleading: Registration starts in June. Evaluations are in August and the first game starts in September.

When are practices? Games?

Practices will be Tuesdays from 6:30-7:30 pm.

Games will be Saturdays at 8 am starting with the youngest teams first.

How long are the practices? Games?

Practices and games are one hour each. Practices run for 10 weeks and games run for 8 weeks.

How many times a week does my child practice? Games?

Your child will only practice one day a week on Tuesday. Games are once a week on Saturday.

What time will my child play their game?

We typically begin with the younger teams first and work our way through the day up to the oldest division. Games usually begin at 8 am and will finish around noon.

Where are the practices held? Games?

Flag football practices and games will take place in the fields during the games. Basketball practices and games are held in the Gymnasium at New Life Church

When does my child receive their uniform?

Your child will receive their uniform no later than the first game of the season.

What equipment will my child need?

Flag football: we will provide the flags, uniform and wristbands. You will need to provide your child with rubber cleats and a mouth guard. We recommend buying more than one mouth guard.

Cheerleading: we will provide the game uniform (top & skirt) and hair bow. You will need to provide your child with white cheer shoes.

What size football will my child use for flag football?

K-2: Pee wee 3-5: Junior 6-8: Youth

What if my child can't make the evaluation days? Can he/she still play?

Unfortunately, evaluations are mandatory. In an effort to create competitively even matched teams, the evaluation process is critical.

How many evaluations does my child have to attend?

Your child only needs to attend one evaluation.

Can I choose the day my child will be evaluated?

Yes, you can bring your child to any one of the evaluation days that we have scheduled.

How long does the evaluation process take?

Anywhere between 30-90 minutes depending on the amount of players that arrive at the same time.

How do I register my child for Upward?

You can register your child on our Upward Sports page at upward.org.